

# SIDCUP RUGBY FOOTBALL CLUB

## COACHING POLICY

**It is the club's policy that BEFORE assisting in any activity with children (those under 18 years of age) potential volunteers (coaches & managers) complete a 'Volunteers Details Form'**

**Please note that potential volunteers will also be required to complete a CRB form.**

It is Sidcup Football Club's policy to provide the highest possible standard of coaching throughout the whole club.

In attempting to achieve this, we must encourage and assist all coaches to further their knowledge and experience in coaching procedures and practices.

This can be in the form of :

1. Attendance at RFU approved Award standard coaching courses.
2. Attendance at other relevant and recognised coaching and allied seminars and meetings run by other accredited agencies. i.e. National Coaching Foundation, UK Sport etc.
3. Attendance at coaching clinics, workshops, conferences and in-service courses/training.
4. Mentoring and guidance from experienced coaches.
5. Working with experienced, qualified coaches.

All Club coaches, at whatever level they are coaching at **MUST** be fully aware of and follow the RFU Rugby Continuum, all RFU rules, directives and regulations, the club's: Responsibility for Duty of Care Policy, Child Protection Policy, Youth Policy, Discipline Policy, Tour Policy, Fair Play and Conduct Codes and any other relevant instructions.

Senior Club coaches should

- hold a current UKCC Level 3 Certificate in Coaching Rugby Union qualification (or equivalent qualification) or a UKCC Level 2 Certificate in Coaching Rugby Union (or equivalent qualification) with evidence of working towards the UKCC Level 3 award.
- Be an enthusiastic and self-motivated team player.
- Have a proven ability to communicate with players, coaching and management team and all other relevant people.

For all those coaching at under 18 age group level they:

- Must have completed a Volunteer Details Form. No one will be allowed to assist at training until they have completed this form.
- Hold an enhanced current CRB Disclosure document (no one can be in sole charge until they have been CRB checked) and a recognised Child Protection Training Certificate.

Lead coaches in the Mini Section should ideally be qualified to the UKCC Level 1 Certificate in Coaching Rugby Union (or equivalent qualification). All Assistant coaches should have attended one or more of the following courses: RFU Foundation, Start Rugby, Community Leaders, Tag Rugby and Coaching Contact.

Lead coaches in the Junior Section should ideally be qualified to UKCC Level 2 Certificate in Coaching Rugby Union (or equivalent). All Assistant coaches should have, or be working towards an UKCC Level 1 Certificate in Coaching Rugby Union (or equivalent qualification).

All coaches **MUST NOT ASK or ALLOW** any adult or youth to take part or help in training, playing or fun sessions of any kind, organised by the club, who has not the relevant qualification, training or the club's authorisation.

A first aid qualification or award is also desirable.

All coaches at whatever level or standard have an obligation to keep up to date with all current coaching techniques and methods.